

B'reisheet "In the Beginning"

Genesis/B'reisheet 1:1-6:8

"Adam and Chavah"

Objective:

The purpose of this lesson is to instruct the children about the effects of deception and sin in their lives. They should understand the victory that they have in Messiah Yeshua.

Items Needed:

- Artificial fruit
- Rubber snake
- A box of Cracker Jack
- Complete Jewish Bible

Welcome/Opening Slide

- Welcome the children & organize as required
- Opening Prayer

Please Remember These Rules

Say: Here are the rules:

- Please don't talk when others are talking
- Please raise your hand if you would like to ask a question
- Please keep your hands, feet and other body parts to yourself
- You must ask to leave the room

Title Slide

Say: We are starting the annual Torah cycle again and we are going to have a great adventure. Our Torah portion is called "**B'reisheet**".

Question: Does anyone know what B'reisheet means in English? (Wait for or encourage a response)

Say: In English it means "**In the Beginning**". The Bible starts with the sentence, "In the beginning God created the heavens and the earth."

Say: During the six days of creation God created both the physical and spiritual worlds. Let us see how:

Day One

Say: On the 1st day, God separated night and day.

Day Two

Say: On the 2nd day, God divided the sky from the earth.

Day Three

Say: On the 3rd day, God separated the land and the sea, and created the trees, flowers and grass.

Day Four

Say: On the 4th day, God put the sun, moon and stars in their right places.

Day Five

Say: On the 5th day, God put the fish, birds and reptiles (like snakes and lizards) in their places.

Day Six

Say: On the 6th day, God created land animals like cows and sheep and the very first human beings -- our grandparents, Adam and Eve!

Day Seven – The Shabbat

Say: On the 7th day, God stopped working and rested. It was Shabbat.

God Creates Man

Say: God made man in a very special way. God took dust and made a man. The Hebrew word for man is “Ish”. Then He breathed life into him. God called him Adam.

Say: The LORD put Adam in His beautiful garden. God loved Adam and made him in charge of naming all the animals. The LORD also gave Adam a job to take care of the Garden of Eden. Included in the garden were two special trees, one called the Tree of Knowledge of Good and Evil and the other called the Tree of Life or in Hebrew “Etz Chaim”.

Say: The LORD gave Adam a “**mitzvah**” or commandment. The LORD instructed Adam that he could eat any fruit except fruit from the tree of the Knowledge of Good and Evil.

Action: We will pretend this (show article fruit) this is fruit from the Tree of the Knowledge of Good and Evil.

Adam Needs a Special Friend

Say: All the animals were Adam’s friends, but he was lonely. The LORD did not want Adam to be alone so He decided to make a helper for him.

Say: The LORD caused Adam to fall into a deep sleep. He removed one of Adam’s ribs and created a woman. In Hebrew “**Ishah**” is the word for woman. She was named “**Chavah**” or in English we say “**Eve**”.

A Snake in the Grass

Say: Now, one of the animals that God made was a snake. It was very tricky and sneaky.

Action: Show the rubber snake and say, let’s pretend this is the snake that talked to Chavah (Eve). One day, the snake spoke to the woman. He said, “Did God really say that you must not eat fruit from any tree in the garden?” (Make a hissing sound)

Say: Chavah (Eve) told the snake that they could eat from all except the tree of the knowledge of good and evil. She told him that they could not even touch it or they would die.

Note: Notice that this was NOT what God said, it is a good example of a fence around the Torah.

Say: But the snake said to Chavah (Eve), “You will not die. God knows that if you eat that fruit, you will be like God—that’s why He doesn’t want you to eat it.”

Say: The snake told a lie!

Who is the Father of Lies?

Question: Who is the father of lies? (Wait for or encourage a response.)

Say: The Evil One or Satan speaks lies. He is called the Father of Lies. The Evil One hates all of God’s creation and seeks to destroy it. He hates you and wants to kill you or steal from you or destroy you!

Say: Satan will try to use anything or everything to lie to you and get you to disobey God. It can be your friends or your desires. This is what happened to Chavah (Eve).

Adam and Chavah Ate

Say: Chavah (Eve) looked at the fruit—it was beautiful. She picked the fruit and ate it. (Show the artificial fruit) Then she gave some to Adam.

Say: Just like this piece of fruit is fake, so when Satan speaks to us to try and convince us to disobey God, it's fake too.

Say: Prior to this time Adam and Chavah (Eve) were probably clothed in light and they glowed. But after they ate the fruit, suddenly they looked down and realized that they were naked! They quickly sewed leaves together and made clothes for themselves.

Say: Then they heard God and hid from Him. The Lord said, "Where are you?"

Say: The man answered, "I heard you and I was afraid because I was naked."

Say: God asked Adam how he knew this. Adam confessed that he and Chavah (Eve) ate the fruit that they were not supposed to eat. They tried to make excuses saying, "The snake tricked us."

Question: Have you ever blamed someone else when you thought you were in trouble? (Wait for or encourage a response.)

Question: Have you ever tried to hide so that you wouldn't get caught for something you did? (Wait for or encourage a response.)

Say: If you have, you did just what Adam and Chavah (Eve) did! Let's see what God does.

Say: God explained to them that THEY made the decision to eat the fruit—they disobeyed God.

What is Sin?

Question: What is it called when we disobey God? (Wait for or encourage a response).

Say: It is called sin. Adam and Chavah (Eve) sinned when they ate of forbidden fruit. They did not obey God's commandment or Mitzvah. So sin is not obeying the LORD's commandment or mitzvah.

Say: Adam and Chavah (Eve) sinned—that means that they did something wrong. He loved them but He had to punish them for what they had done. God forced them out of the garden and caused their life to be hard. Sin separated them from God. However, He still loved them and cared for them.

Say: We have all done wrong too. That separates us from God. The good news is that God loves us so much that He thought of a plan to help us not be separated from Him.

God's Promise of Messiah

Say: In the first book and first parasha, God promises the Messiah would come and destroy the works for the Evil One and bring us a special gift.

Genesis/B'reisheet 3:15 - And I will put enmity between you and the woman, and between your seed and her seed; He shall bruise you on the head, and you shall bruise him on the heel.

God's Plan

Say: This was his plan! He sent His only Son to live on earth. His son's name is Yeshua which means salvation. Salvation is God's way to keep us from being separated from Him because of sin.

Say: Yeshua lived a perfect life. He never disobeyed God's mitzvah or commandment. He was put on a cross and died. He died in our place.

Say: He died for all the wrong things that WE have done. Instead of us dying for our wrong things, He did it for us. The best thing is that Yeshua came back to life 3 days later! Because He is alive, we can have life forever with Him—if we believe.

Say: The enemy would bruise Messiah in the heel in the crucifixion. But Messiah would crush the power or head of the serpent.

Say: In Messiah we have the victory over the enemy!

Say: We must honestly trust Yeshua and believe that He died and rose again so that we can have real life.

Object Lesson - The Oldest Trick in the Book

Note: Box of Cracker Jacks

Question: How many of you have ever eaten Cracker Jacks? (Wait for or encourage a response)

Say: Cracker Jacks have been around for a long time. I used to eat them when I was a boy so you know they have been around for a long time.

Question: Do you think I ate Cracker Jacks because I liked them?

Say: Well, they taste pretty good, but that isn't why I ate them. I ate them because of what it says right here on the box. "A prize inside!"

Say: I wanted that prize! You know, after I got the prize, I was always disappointed because the prize was some cheap little toy that wasn't worth anything.

Say: You could say, the prize wasn't what it was "cracked up to be!" But I kept on buying those Cracker Jacks and hoping that someday I would get a really great prize. I never did.

Question: I wonder if the prizes are any better now than they were when I was a boy?

Say: Let's open this box and see. Can I have someone to help me eat some of these Cracker Jacks so I can get to that prize.

Action: Ask for a volunteer to help open the box.

Say: Look at that prize! Why, it is just a little _____ (explain the prize). What a disappointment. I can't believe that after all these years people are still falling for that trick. I guess I shouldn't be surprised.

Say: After all, it is the oldest trick in the Book. It is the same trick that Satan used on Adam and Chavah (Eve) in the Garden of Eden. Satan went to Chavah (Eve) and said to her, "If you will eat of that tree over there, you will be like God. You will be as wise as He is."

Say: So, Chavah (Eve) ate the fruit and gave some to Adam, and it sure wasn't like Satan promised.

Say: In fact, they lost their place in that beautiful garden.

Say: That is one of Satan's very best tricks and he still uses it today. He will promise us great things if we will just do what he wants us to do, but the prize is never what he promised. HE IS A LIAR!

Say: But you know—Yeshua came and defeated Satan and gave us the victory.

Say: If you want to talk about how you do this, please talk to us.

Let's Learn Hebrew!

Say: The Hebrew word of the week is “**Rosh**”.

רוֹשׁ

Say: In English it is translated as head, summit or chief.

Say: It is the root of the very first word of the Bible, “**B’reisheet**”:

בְּרֵאשִׁית

What Did We Learn Today?

- It was God who made the heavens, earth, animals and people.
- Sin is disobeying God’s mitzvah or commandment and it separates us from God.
- Yeshua is God’s plan to reconnect us back to Him through salvation

Small Group Time

Break the children into two groups:

- Primary – Ages 4-7
- Elementary Ages 8-12

Distribute the self-directed learning handout to each child and let them work together or alone.

Primary Handout Answer Sheet

The Story – Page X

When God made the whole world, He made the first person too. His name was Adam. God loved Adam and put him in charge of naming all the animals. God saw that Adam needed someone like him to be his friend. So, he made a woman and her name was Eve.

God made a beautiful garden that Adam and Eve lived in. There were beautiful flowers and animals everywhere. They could eat any fruit from any tree, except for a special tree. God told them that they were not allowed to eat the fruit from one special tree in the garden. One day a snake talked to Eve. He was trying to trick Eve. He told Eve that she should eat the fruit from the special tree because she would be like God.

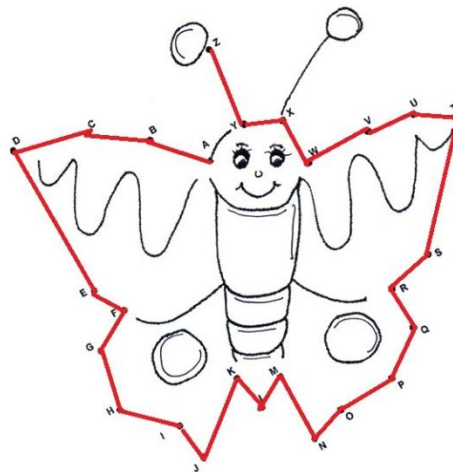
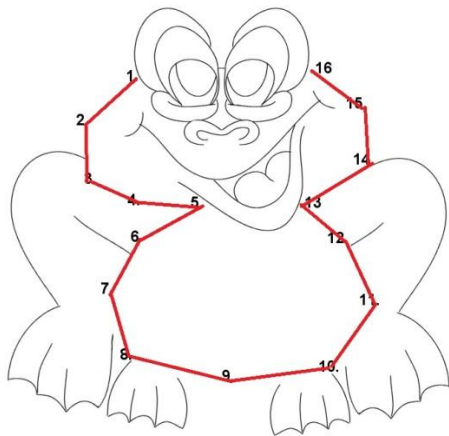
Eve looked at the fruit, picked it, and ate it! Then, she gave some of the fruit to Adam. Suddenly, they knew God was near and they were scared. They hid in the bushes because they knew that they had disobeyed God.

God called for them and asked them why they were in the bushes. Adam and Eve told God what they had done. God was very sad that they disobeyed Him. He still loved them but knew that He had to punish them for disobeying Him. God made them leave the beautiful garden. He told them that He would still take care of them, but life would be hard because they chose to disobey.

Adam and Eve loved God. They learned a lesson from their mistakes. They listened and obeyed God after that. We need to listen and obey God too. We must also listen and obey our parents.

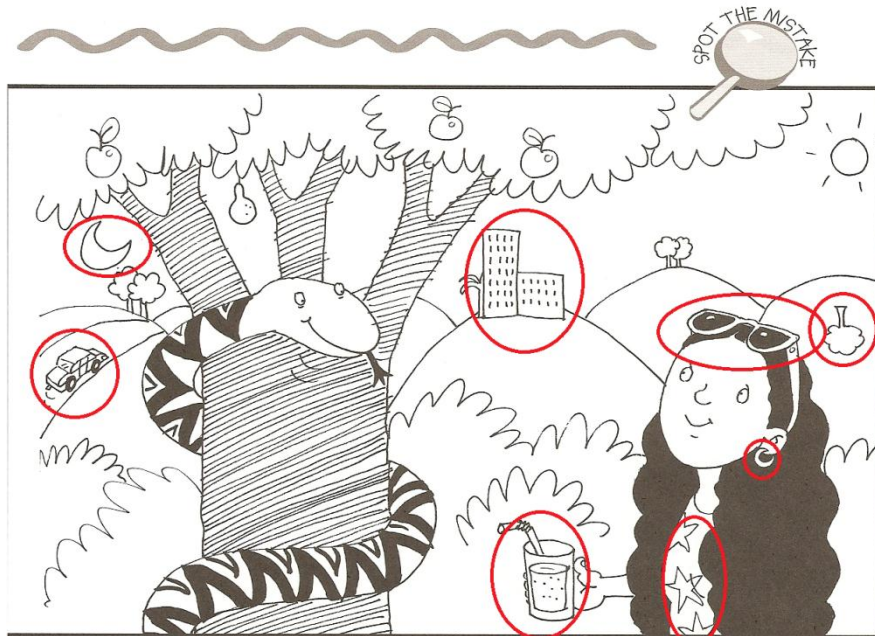
Connect the Dots Puzzles – Page 1

The LORD made many wonderful creatures. A bullfrog and butterfly both are made by God. Connect the dots and color the pictures.



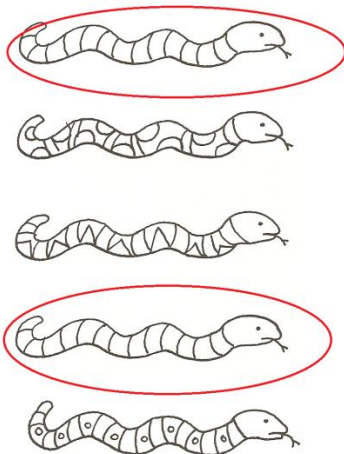
The Snake Decieving Chavah – Page 3

Can you find all the mistakes in the picture? When finished color the picture



The Snake Made Up Lies About God – Page 3

Which 2 snakes in the picture are exactly the same?





God created man in His own image, in the image of God He created him; male and female He created them. Genesis/B'reisheet 1:27

The Story – Page 1

God made man in a very special way. God took dust and made a man. The Hebrew word for man is **“Ish”**. Then He breathed life into him. God called him Adam. The LORD also gave Adam a job to take care of the Garden of Eden. Included in the garden were two special trees, one called the Tree of Knowledge of Good and Evil and the other called the Tree of Life or in Hebrew **“Etz Chaim”**. The LORD gave Adam a **“mitzvah”** or commandment. The LORD instructed Adam that he could eat any fruit except from the tree of the Knowledge of Good and Evil.

All the animals were Adam’s friends, but he was lonely. The LORD did not want Adam to be alone so He decided to make a helper for him. The LORD caused Adam to fall into a deep sleep. He removed one of Adam’s ribs and created a woman. In Hebrew **“Ishah”** is the word for woman. She was named “Chavah” or in English we say “Eve”.

Now, one of the animals that God made was a snake. One day, the snake spoke to the woman. He said, “Did God really say that you must not eat fruit from any tree in the garden?” Chavah (Eve) told the snake that they could eat from all except the tree of the knowledge of good and evil. She told him that they could not even touch it or they would die. But the snake said to Chavah (Eve), “You will not die. God knows that if you eat that fruit, you will be like God—that’s why He doesn’t want you to eat it.” The snake told a lie!

The Evil One or Satan speaks lies. He is called the Father of Lies. The Evil One hates all of God’s creation and seeks to destroy it. Satan will try to use anything and everything to lie to you and get you to disobey God. Chavah (Eve) looked at the fruit—it was beautiful. She picked the fruit and ate it. Then she gave some to Adam. Prior to this time Adam and Chavah (Eve) were probably clothed in light and they glowed. But after they ate the fruit, suddenly they looked down and realized that they were naked! They quickly sewed leaves together and made clothes for themselves.

Then they heard God and hid from Him. The Lord said, “Where are you?” The man answered, “I heard you and I was afraid because I was naked.” God asked Adam how he knew this. Adam confessed that he and Chavah (Eve) ate the fruit that they were not supposed to eat. They tried to make excuses saying, “The snake tricked us.” God explained to them that **THEY** made the decision to eat the fruit—they disobeyed God.

Adam and Chavah (Eve) sinned when they ate of the forbidden fruit. They did not obey God’s commandment or Mitzvah. So sin is not obeying the LORD’s commandment or mitzvah. God loved them but He had to punish them for what they had done. God forced them out of the garden and caused their life to be hard. Sin separated them from God.

The good news is that God loves us so much that He thought of a plan to help us not be separated from Him. God’s plan was to send His only Son to live on earth. His son’s name is Yeshua which means salvation. Yeshua lived a perfect life. He never disobeyed God’s mitzvah or commandment. He died for all the wrong things that **WE** have done. Instead of us dying for our wrong things, He did it for us. The best thing is that Yeshua came back to life 3 days later! Because He is alive, we can have life forever with Him—if we believe. We must honestly trust Yeshua and believe that He died and rose again so that we can have real life.

Creation Sequence – Page 2:

| Day | Creative Act |
|------------|---|
| One | God separated night and day. |
| Two | God divided the sky from the earth. |
| Three | God separated the land and the sea, and created the trees, flowers and grass. |
| Four | God put the sun, moon and stars in their right places. |
| Five | God put the fish, birds and reptiles in their places. |
| Six | God created land animals like cows and sheep and the very first human beings. |
| Seven | God stopped working and rested. It was Shabbat. |

Questions – Page 2, 3

1. How was the universe created?

- A. It was not created, always existed
- B. A Big Bang
- C. By the LORD God

Answer: C. By the LORD God

2. Is this a true or false statement, “So God created humankind in his own image; in the image of God he created him: male and female he created them.” (Genesis 1:27 CJB)

TRUE OR FALSE

Answer: True, exact quote from the scriptures

3. Is this a true or false statement, “Then ADONAI, God, formed a person from the dust of the ground and he became a living being.” (Genesis 2:7 CJB)

TRUE OR FALSE

Answer: False, the statement is incomplete because it did not include, “breathed into his nostrils the breath of life, so that”

4. And the Lord God said, "It is good that man is alone..." (Genesis 2:18)

TRUE OR FALSE

Answer: False, it was NOT good for man to be alone

5. Circle the correct words: "And the LORD God caused a deep sleep to fall on Adam, and he slept; and He took one of his (EARS, RIBS) and closed up the flesh in its place." (Genesis 2:21)

Answer: Rib

6. Circle the correct words: "Then the (EAR, RIB, TOOTH) which the LORD God had taken from the man He made into a woman, and He brought her to the man." (Genesis 2:22)

Answer: Rib

7. What did the LORD create on the second day?

- A. God divided the sky from the earth
- B. God put the sun, moon and stars in their right places
- C. God put the fish, birds and reptiles in their places.

Answer: A. God divided the sky from the earth

8. What does the Hebrew word "mitzvah" mean in English?

- A. Tree
- B. Woman
- C. Commandment

Answer: C. Commandment

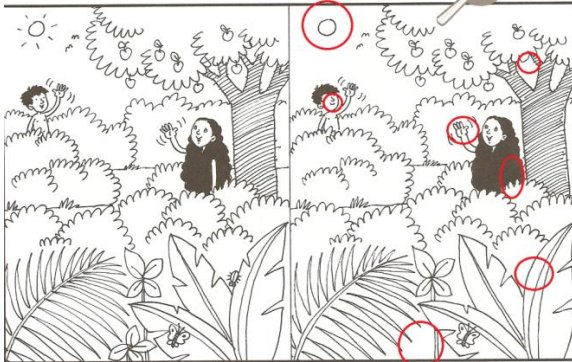
9. Who is the Father of Lies?

- A. Adam
- B. Satan
- C. Chavah

Answer: B. Satan

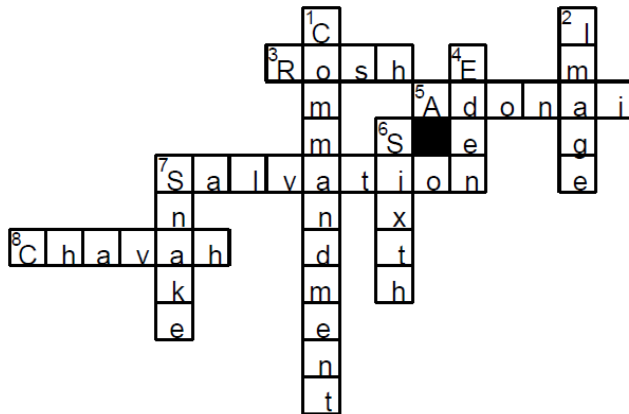
Just For Fun – Page 3

Adam and Chavah are in the Garden of Eden. Spot all the differences between these 2 pictures of Eden. When finished color the picture.



Crossword Puzzle – Page X

Complete the puzzle using the clues shown below.



Across

3. Hebrew word for head or chief?
5. Then _____, God, formed a person from the dust of the ground ... (Genesis 2:7)
7. What does Yeshua's name mean in English?
8. Eve's Hebrew name?

Down

1. What is the English word for mitzvah?
2. So God created humankind in his own _____ ... (Genesis 1:27)
4. The name of the garden where Adam and Chavah lived?
6. What day was man created?
7. What animal was used to deceive Chavah?

Word Find Puzzle – Page X

Find the hidden words within the grid of letters.

P P W A S J R M S K N E U T N
 N V V D C L F J O E R K F I D
 I F M M R A Y P D T C L D W J
 H E L P E R C R U X N E O N F
 C M H O A H A J H I V E N L G
 M E J F T G G U I T U R T J
 W A M V E X S J E X A F W Z S
 C P D C D B U C R W S N U E G
 H H C A A A E N A M O W O L T
 A F T N G D T N E P R E S D I
 Y R D O M I N I O N F P K M A
 A U C O N X E M W I C S A U Z
 H Q U X Z E Y W B Q S H Q J
 C T W L X R R A F I E S B U X
 E M Q I N X T A K W O H X I G

| | | | | |
|---------|----------|---------|---------|-------|
| Adam | Deceived | Garden | Mother | Woman |
| Adonai | Dominion | Helper | Serpent | |
| Chavah | Fruit | Husband | Tree | |
| Created | Fruitful | Image | Wife | |

Let's Learn Hebrew! – Page X

The Hebrew word of the week is **“Rosh”**. In English it is translated as head, summit or chief. It is the root of the very first word of the Bible, **B’reisheet**:



 Rosh



 B’reisheet

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All references are taken from the Jewish New Testament, David H. Stern, Publisher: Jewish New Testament Publishers and the New American Standard Bible unless otherwise noted.